**W**elcome to our newsletter, keeping you informed of all the latest news in the world of fresh produce. The Thymes will keep you up to date with all the seasonal comings and goings of our fruit and vegetables and will let you know what local produce is currently available.

**CHECK OUT OUR WEBSITE**

Our website provides you with an up-to-date list of all our fruit, vegetable and salad lines as well as our pre-prepared and pre-packed products. It also features our very own UK Produce Seasonality Guide so you can see what’s in season year-round and use this as an aid to planning your menus. *www.huntsfruitandvegetables.co.uk*

**ISLE OF WIGHT VEG**

IOW Cauliflower is in good supply, also available is IOW Curly Kale, IOW Savoy Cabbage and really good, large IOW Sprout Stalks. We also have a limited amount of IOW Purple Sprouting and are hoping for an increase in availability as the growing conditions improve.

**OTHER VEG**

Vegetables are in their prime at this time of year! Along with Broccoli we have some excellent quality English Parsnips, Swede, Leeks and Cabbages which are excellent value for money! Also available are Turnips, Courgettes, Sweet Potatoes and Butternut Squash. 10kg nets of English parsnips are proving very popular as they too are excellent value for money. English Sprouts are in full swing as well as Sprout tops and Sprout stalks. Iced button Sprouts are available along with Dutch pre-prepared sprouts (pre-order required for both). Bunch Beetroot and Bunch Carrot are available and also selling very well!

**POTATOES**

Our best example of a good all-rounder potato is the Maris Piper – chip ‘em, mash ‘em, fry ‘em or roast ‘em! Red potatoes are also available.

**IOW TOMATOES**

English tomatoes have now finished and Isle of Wight Tomatoes have come to the end of their

season however for the first time IOW pre-pack vine and loose vine will be available all year round.

**ENGLISH APPLES**

It is now English Apple Season!! Braeburn, Royal Gala, Cox, Russet and Bramley are all available and scrumptious!

**CLEMENTINES & SATSUMAS**

Satsumas and Clementines are firm favourites this time of year! We will soon have the popular 2kg ‘shoe box’ Clementines in stock and they will sell fast - they make great healthy gifts! Other seasonal favourites that are now available are Pomegranates and fresh Cranberries. Fresh figs are about but currently a bit pricey.

**LETS GO NUTS!**

All varieties of nuts are available to order including Walnuts, Hazelnuts, Almonds, Pecans and Mixed Nut nets. Chestnuts are in abundance! Light the fire!

**DRIED FRUIT**

Seasonal favourites, we have in stock Garlands of Dried Figs, Glove dates and the slightly cheaper Ravier Dates are also available.

**PICKLING ONIONS**

Pickling Onions are available as well as Shallots and we are also selling Pickling Vinegar – choice of either Spiced or Non-Spiced.

**PRE-PREPARED VEG**

Pre-prepared products are cut to order and we require at least 24 hours notice. All are available in weight of 2.5kg or 5kg

Pots - Whole Peeled/Cut Roast/Diced/Sliced/Chateaux/ Parisienne/Fondant/Pont Neuf/Prepared Midi’s & Chips

Carrots & Swede - Diced/Sliced/Julienne/Batten/Grated

Carrot & Swede Diced Mix

Onion - Whole Peeled/Diced/Sliced

Prepared Parsnips /Shredded Green Cabbage

Sliced Courgette/Leeks/Broccoli & Cauliflower Florets

Prepared Butternut Squash/Sweet Potato/Diced Turnip

Prepared Celeriac/Sliced Red & White Cabbage

Diced Peppers/Diced Celery, Stir Fry Mix, Coleslaw Mix

Jardiniere / Veg Soup Mix

**PLEASE CALL US**

**FOR FURTHER DETAILS OR PRICING INFORMATION**